

Escape rooms attracting corporate groups interested in building team morale

LOCAL

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You may have heard about them before, escape rooms. Throw people who barely know each other into the pressure environment and you've got actually got a good recipe for some quick bonding says SFU's [Carman Neustaedter](#).



“The rooms are really good at depicting a few different styles of collaboration. People both work together really closely at some times but then they also work independently. It's important to be able to switch between those two modes of collaboration and the escape rooms that we study, do a really good job of that. It allows people to fluidly move back and forth.”

Neustaedter notes they are really well designed to support verbal communication.

“In escape rooms they actually foster their skills in verbal communication as opposed as non-verbal communication. [It makes you] look at people's body language, so [escape rooms] are really good at enhancing the way people talk to each other because of their design and the time constraint.” He says there may be some short-term pain in the form of arguments, but in the end a company's employees should be more comfortable working together once they experience is over, even if they don't escape.

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